

Grass Roots of Racing

The benefits of 2 Stroke karting extends beyond the track. The skills and attributes developed through karting could assist a child in **school** as well. The **focus** and **concentration** required on the track can translate to **better attention** and **performance** in the classroom. The physical fitness gained can lead to improved energy and endurance, making it easier for kids to stay **active** and **engaged** throughout the school day. Moreover, the thrill of racing can boost self-confidence, teaching kids to **believe** in their abilities and strive for success.

Age 5 to 17+ Years!



ROK Cup South Africa is a leading kart racing program that has made a significant impact in the sport across the country. This premier program provides support for kart racing right from club level to international-level events. With a strong commitment to the growth and development of this thrilling sport and the youth, ROK Cup South Africa has established itself as a key player in the kart racing scene. We believe in providing a level playing field that fosters healthy competition, thereby enhancing the overall kart racing experience. ROK Cup, is an International Series with a 15-year history in over 32 countries.

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